



Montgomery County

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Local NAMI Chapter to Host Fourth Annual “Strides for Mental Health” 5k during Mental Health Awareness Month

Walk occurs at Dayton VA Medical Center on May 6, 2017 at 10:00am

Dayton, OH, April 20, 2017 - NAMI of Montgomery County brings awareness and education to our community regarding mental health. We strive to bring groups and educational classes to the community free of charge to help tear down the wall of stigma and help people live in recovery. We are raising the funds necessary to ensure the continuation of these services in Montgomery County. Walk details are as follows:

- **What:** NAMI of Montgomery County’s “Strides for Mental Health” 5k
- **Where:** Dayton VA Medical Center, Building #305, 4100 West Third Street, Dayton, OH 45428
- **When:** May 6, 2017
- **Time:** In-person registration begins in Building #305 at 8:30am and the walk begins at 10:00am
- **Who:** Everyone can attend! Bring your friends and family and join us to reduce the stigma surrounding mental health. You can also register EARLY online at: www.nami-mc.org
- **Sign up/Register:** To find out how to become a Sponsor, Walk Team Member, or Vendor, please **CONTACT our Assistant to the Executive Director, Keaton Teal**, at Keaton@nami-mc.org.

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